GREAT NORTHERN BALWAY LINE

GREAT NORTHERN RAILWAY.

CASCADE DIVISION

TIME TABLE 10.47.

EFFECTIVE 12.01 A. M.

SUNDAY, MAY 8, 1904.

General Rules, Regulating the Movement of Trains, are contained in Book of Rules for the Government of the Operating Department, a copy of which must be in possession of each employe in train service while on duty.

This Time Table is not intended for the information of the public, nor as an advertisement of the time or hours of any train. The Company reserves the right to vary from it at pleasure. It is for the information of employes only.

West Bound Traims are Superior to East Bound Trains of the same class. See Rule 43. All trains will be handled under absolute control and without regard to making schedule time at all points where land or snow slides or falling rock are liable to be encountered. Trains must not follow each other out of Stations less than 15 minutes apart.

Trains 101 and 102 will stop on signal for passengers at the Great Northern Clay Co.'s works at M. P. 10, between Metum and Richmond Beach.

Standard Clocks are located at telegraph offices at Leavenworth, Skykomish, Delta, Interbay and Seattle.

Trains on this division will be governed by Pacific Standard Time. Conductors of all trains, and engineers running without conductors, must register their arrival and departure at Leavenworth Cascade Tunnel, Skykomish, Lowell, Delta, Pacific Avenue, Everett, Interbay and Scattle, stating whether they are or not carrying signals. No trains will be considered registered unless such notation is made, and in case of omissions, conductors of trains affected will govern themselves accordingly and report the fact to the Superintendent.

Buletin Boards are located at Leavenworth, Cascade Tunnel, Skykomish, Delta, Interbay and Seattle.

Trains in the same direction down grade between Skykomish and Leavenworth ast keep at least 25 minutes apart and operators will block trains as provided in

must keep at least 25 minutes appeared in this rule.

All trains must use 15 minutes between Scattle and Interbay.

Trains will date from time due to leave terminals. Leavenworth and Scattle will be considered terminals for passenger trains; Leavenworth, Everett Junction, Interbay and Lowell for freight trains.

Skykomish will be considered terminal for Nos. 401 and 402.

Trains and light engines will stop at drawbridge one-fourth mile east of Snohomish.

Snohomish.

All trains will reduce speed to eight miles per hour through Martin Creek tunnel and over bridges at each end.

Freight trains will not exceed speed of scheduled freight trains in same direction between Leavenworth and Skykomish.

Passenger trains descending the two and two-tenth per cent grade between

direction between Leavenworth and Skykomish.

Passenger trains descending the two and two-tenth per cent grade between Block Post 125 feet west of east cross over switch, Cascade Tunnel and the Leavenworth and Skykomish must not exceed thirty-five miles per hour and west east switch of the passing track at Wellington.

Destroy all Time Tables of previous date. (See Rule 5.)

bound trains should not exceed schedule time through Cascade Tunnel. Passenger trains between Everett and Seattle must not exceed time card schedule.

Additional to other required tests of the air brake, no train will leave Cascade Tunnel until the air brakes have been carefully tested. Engineer will set the brakes and leave them set until trainmen examine each car, then release them, and trainmen will again examine each car and see that brakes release before giving the signal to start the train. Conductors must inform engineers how many care loaded and empty in the train, and how many ears of "air" are working.

All retainers must be used from Cascade Tunnel to Merritt, and fron Chiwaukum to Leavenworth, and from Cascade Tunnel to Skykomish.

No westbound train (or engine) must pass the Block Post at Cascade Tunnel, and no eastbound train (or engine) must pass the east switch of the passing track at Wellington, to enter the block, without a clearance card, properly filled out, in the possession of the conductor and engineer, respectively.

Only one train is permitted to enter or use the block at the same time. Scattle yard limit extends to the yard-limit board east of Ballard. trains except regular passenger trains will run under control between this yard-limit board and Seattle, expecting to find main track occupied.

West-bound trains will not exceed schedule time between Halford and the east mile-board at Gold Bar.

All except first class trains must be under absolute control while passing through yard limits Leavenworth, Skykomish, Lowell, Pacific Avenue and Delta.

BETWEEN PACIFIC AVENUE AND BROWNSVILLE.

					EA	ST BOU	ND	•				u, Wyes ings.		Delta		sattle	118.						WES	ат во і	ΒMD					
		Second	Class	Second	Class	Second	Class	First (Class	First (lass	bles, Wy Crossing		from	EFFECTIVE 12:01 A. M.	om Se	calls.	aph S.	First C	tass	First C	lass	Second	Class	Second	Class	Second	Class		
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				f 8.55						f 11.51			0	72,9	Enterprise	109.7			f 1.10				ļ		f 5.15					
				s 9.30						s 12.01	РМ	 	42	70.0	Ferndale	106.8	FD	D.	s 1.02			. <i>.</i>		ļ	s 5.00					
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		11.25	ļ					f 7.08		f 12.43			67	54.0	Chuckanut	90.8			f 12.16		f 9.26						3.10			
		12.01	PM Mt 102		.			s 7.20		f 1.00		w.	70	48.1	5.9 Samish	84.9	- 1		f 12.01	PM Mt 407	f 9.10		ļ				2.30			
	1	12.35						f 7.29		f 1.09			67	44.4	3.7 Bo₩	81.2	во	D.	f 11.52					ļ			1.55			
		1.20	101 Ps Mt 408					f 7.40		s 1.20	Ps 407 Mt 408	 	30	39.7	Belleville	76.5		,.,	s 11.40		f 8.47						1.20	Mt407 Mt101		
		1.56	WIL 208					s 7.50		1.28		W. X. Y.	100	37.1	2.6 Burlington	1 1	- 1	D.	11.30	Ps 408	s 8,37			<i>]</i>		,	12.50	PM De 102 Ps		
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		3.30						s 8.17		f 1.52			1 1	- 1	5.4 Fir	64.4	Į.	D.	f 10.55						.,,,		9.40	····	<i></i>	
		4.20						s 8.32	Mt 408				100	20.5	7.1 Stanwood	57.3	В	D.	s 10.37							<u> </u>	8 32	Mt 105		
		5.05			<u> </u>			8.45				W,	1 1		5.5 Silvana	51.8	NA	D.	s 10.22		- ~				.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	¥	7.40			
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							LL T	RAINS	Mir	L USE	NOR	THERN	PA	CI	FIC TRACKS BET	TWE	EN	DELT	AAND	N. P.	. JUNC	TION	1, 1.2	MILE	s.					
							.	8 9.32	Mt 102	s 3.02			0.		N. P. Junction	. 35.1		ļ	9.32	Mt 105	7.00		ļ				•••••			
			ļ					9.40	A M Ar	3.09	P M A	r	127		Pacific Avenue	. 34.1	D	D. N.	9.27	A M De	6.55	PM De						 		
<u> </u>		No. 407	daily	No. 111 Tuesdays days, Sat	s, Thurs	No. 109 V. T. Da	RY.	No. 105	daily	No. 101	daily				,				No. 102	daily	No. 106	daily	No. 110 I V. T. Dai	Mixed RY. ly	No. 112 Mondays nesdays, I	Mixed , Wed- ridays	No. 408	daily		

East Bound Trains are superior to west bound trains of the same class. (See Rule 43.) No. !10 has right over 109.

SPECIAL RULES---Pacific Avenue to Brownsville.

Destroy all Time Tables of Previous Date [See Rule 5.]

All except first-class trains must be under absolute control while passing through yard limits at Delta, Burlington, Fairhaven and Whatcom, West yard limit board Whatcom, located 400 feet west of round house track switch.

Delta yard limit commences 500 feet east of junction switch, east of coal chute and extends to draw bridge at west end of Delta yard on Coast Line and around the point on the Bay side (old Coast Line) to Everett Jct. yard limit board. Between the hours of seven (7) p. m. and seven (7) a. m. the yard limit rules are suspended between Everett Junction and Delta Yard and all trains will be operated by train orders over this district. (Going toward Seattle is west bound.)

Switch at Everett Junction will be kept set for main line.

Destroy all time tables of previous date. See rule No. 5.

Standard clocks are located at telegraph office at Delta and Whatcom.

Trains on this division will be governed by Pacific Standard time.

Conductors of all trains, and Engineers running without conductors, must register their arrival and departure at Pacific Avenue, N. P. Junction, Delta, Burlington, Belleville, Whatcom, Blaine, Cloverdale and Brownsville, stating whether they

are or not carrying signals. No train will be considered registered unless such notation is made, and in case of omission, Conductors of trains affected will govern themselves accordingly and report the fact to the Superintendent.

Bulletin boards are located at Delta, Burlington, Whatcom.

No trains will cross international boundary at Blaine without permission of customs officers.

Trains must not follow each other out of stations less than 15 minutes apart. Pacific Avenue, Whatcom and Brownsville are terminals for passenger trains. Delta Whatcom and Brownsville for freight trains.

All trains must stop at draw bridges and railroad crossings at a distance not exceeding 200 feet from same.

Conductors of trains hauling logs must stop on all summits and see that brakes are properly set before descending grades. Trains 407 and 408 will not carry passengers.

All trains will be handled under absolute control and without regard to making sched ule time at all points where land or snow slides or falling rock are liable to be encountered.

J. C. DEVERY, Chief Train Dispatcher.

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					EAST	BOU	ND							Ī								WE	ST BOU	ND						=
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DESTROY ALL TIME TABLES OF PREVIOUS
DATE. (SEE RULE 5.)
East Bound Trains are superior to West Bound Trains

of same class. (See rule 48.)
All Trains will Register at Anacortes, Burlington,
Wooley, Hamilton and Rockport.

Yard limit at Burlington 2,500 feet west of transfer switch. All trains must be moved under perfect control expecting to find trains occupying main line within these

Daily

2.55 PM Ar cn 0 0.0

limits.

Bulletin boards located at Anacortes, Burlington and Rockport.

All Trains will come to full stop Two Hundred Feet from Draw Bridge, and will not proceed until they get signal from Bridge Tender, nor exceed Four Miles an hour while crossing Draw Bridge.

10.00 AMDe

6.20 AM De

All Trains will come to Full Stop before passing over R. R. Crossing at Burlington and Woolley.

Water tank at Minkler's Mill, two miles east of Lyman.

NAME AND LOCATION OF SPUR TRACKS.

NAME OF SPUR	Loca- tion M. P.	STA	TIONS	stance	Track Opens	pacity	NAME OF SPUR	Loca-	STAT	rions	алсе	Track	acity	NAME OF SPUR	Loca-	STAT	IONS	tance	Track Opens	
	М. Р.	west	HAST	Ä	Openo	స్టాల	·	M. P.	West	RAST	Dist	Opens	Ç Ç		M. P.	WEST	EAST	Tage	Орсиа	S.
louse Track	0.0	Anacortes		. O. I	West	4	Hawkins Spur	11.7	Fredonia		0.7	West	5	Hitchock-Kelly	29.4	Lyman		1	East	_
epair Track		Tenth St.		0.2	West	15	Dickey and Angel			Fredonia	0.3	West	±40	McLeod's Spur		Lyman		0.2	East	-
tore Track.	0.6	Tenth St.		0.2	West	7	J. C. Waugh Spur	13.6		Avon	0.3	East	2	Hop Ranch Spur	30.6	Lyman		0.8	East	-
kagit Mill Spur	I.I	Tenth St.		0 7	West	28	Burlington Mill Spur	16.0			i.	East	6	L. L. Spur	33.0		Hamilton	0.2	East	7
orm Mill Spur		Tenth St.		0.9	West	12	Holbrook's Spur	20.8		<u> </u>		East	8	Alder Spur		X7 514		1.0	East	7
avanaugh Spur	2.2	Tenth St.		1.4	East	4	Sound Iron Spur	21.2			 1-		- 7 ·	Hightower No. 2	36.5			اخسا	East	- -;
kagit Mfg. Spur	2.3	Tenth St.		1.7	West	6	Tyee Spur, Y		Woolley			Both ends	-			Grassmere		0.1	Rast .	_ _
og Rollway	2.5	Tenth St.		1.9	Both ends	22	Green Mill Spur		Woolley				22	Van Horne's Spur			Faber	0.5	West	
dalgo Mill Spur		Tenth St.		2.0	East	3	Minkler's Mill	27.6	Cokedale Ict.			Both ends		Tower Mill Co	46.0			0.3	West	7
ravel Pit Spur		Tenth St.		5.9	East	9	Child's Spur					East	-2	Hightower No. 3				I.Q	West	-
x Lumber Co. Spur	8.11		Fredonia	0.5	West	6] -		<u> </u> ∥	Sauk Spur			Rockport	2.0	East	1

NAME AND LOCATION OF SPUR TRACKS.

NAME OF SPUR	Location M. P.	STA	TION	Distance	Track	Capacity
	İ	· East	West	ä	Opens	S
Woods Spur			Chiwaukum	2.5	East	ī
Kirby Mill Spur		Skykomish		0.1	East	1
Skykomish Mill Co.'s Spur	1732.4		Skykomish	0 3	East	2
Great Republic Mining Co.	1733.6		Skykomish	1.5	V/est	I
Berlin Spur, Miller Riv. Co.			Skykomish	1.5	West	
Grotto Mill Spur	1735.6	Grotto			East	-
G. N. Shingle Co.'s Siding	1739.6		Grotte	3.5	Both ends	2
Heybrook Spur	1744.7	Index		1.5	East	_
Ellis Quarry Spur	1745.7	Index		0.5	West	-
Soderburg Spur	1746.9		Index	0 7	West	1
May Creek Spur	1754.6	Gold Bar		0.5	West	-
Robinson's Spur	1755.6		Gold Bar	0.5	East	2
Black Bros. Spur	1757 - 4	Wallace		0.0	West	2
Caseys Spur	1759.5	Sultan		1,3	East	_
Sultan Lumber Co. Spur	1763.2	Sultan	•••••	1.5	West	
Owens Spur	1763.6	Monroe		4.7	East	ī
Holmquist Spur	1767.3	Monroe		1.0	East	7
Monroe Mill Spur		Монгое		1.0	East	_
Monroe Gravel Pit		Monroe		0.0	West	5
Wood and Iverson Spur	1771.3	•••••	Mouroe	3 0	East	
Cascade Cedar Spur	1775.2	Snohomish		0.3	East	2
Creosote Spur	1780.6	Lowell			West	2
House Track	1781.1	Lowell		0.0	East	2,
State Miil Co.	35.2		Everett	0.5	East	I
Power House Spur	1782 2		Everett	O. I	West	
G. N. Clay Co. Spur	10.2		Metum	2.0	West	_ ;
E. W. Mills Spur	12	Richmond Bch		2.3	East	
Brady's Spur	17.4		Edmonds	0.0	West	:
Sand Spur	14.0		Edmonds	3.4	West	
Hall Hill Mill Co.	32.5		Everett Jct.		East	
Weyerhauser Timber Co.	32.8		Everett Jct.	7 0	East	38

NAME OF SPUR	Location M. P.	STA	TION	Distance	Track	Capacity
		East	West	큵	Opens	80
Nail House Spur	32.8		Everett Jct.	1.0	West	24
Nickerson Mach'y Co.	33.1	Everett		0.0	West	4
Everett Milling Co.	33-5	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Everett Jct.	1.5	East	15
Clark-Nickerson Mill			Everett Jet.		West	31
Log Dump Spur	34.0		Everett Jct.	1.8		21
Wheelihan Spur	34.1	Everett Jct.			West	3
Neffs Spur	34.5		Long Siding	1.0	East	50
Blackman Spur	36.0	Long Siding		0.4	East	7
Union Slough	37.3	Marysville		1.5	East	<u>7</u>
Cox's Spur	42.7		Marysville	2.0	West	2
Zindorf Spur	42.7		Marysville	3 9	East	2
Kennedy Spur	45.2		Marysville	4.2	East	-6
British Spur	45-5	Silvana		4.4	East	
Summit Mill Co.	46.0	··	Marysville	4.7	Dast	_2
English Spur	47.0	Silvana		2.9	East	16
Norman Spur .	51.0		Silvana	1. I	East	2
Rabels Spur	51.7		Silvana	1.8	West	2
Washington Shingle Co.	53-4			1.1	East	
Manley & Church Spur	54.2	Stanwood		1.4	East	<u>3</u>
Haîs Spur		Stanwood	- • • • • • • • • • • • • • • • • • • •	1.5	West	2
Ketchum Spur	59.6		Stanwood	2.0		2
Morrison Mill Spur	6 16			2-5	East	8
Milltown	62.2			2.2	East	6
Hawley Spur	62.4			2.0	West	5
Skagit Crossing Tr. Track	63.4	Fir		0.1	East	2
Little Mountain Spur		Mt. Vernon		2 0		2
Skagit Spur	69.8		Mt. Vernou		East	3
Burlington Quarry			Burlington		East	11
Samish Pit	77.0	Belfast		0,6	East	52
Sound Shingle Co.'s Siding	79.4	••••		29	Both Ends	3
Butler Spur		· · · · · • · · · · · · · · · · · · · ·	Bellville	1.0	East	2
Desmond Spur	81.7	Alger	••••••	1.4	West	3
			-		1	
	- 1	·		I I	i	

NAME OF SPUR	Location M. P.		TION	Distance	Track	Ospaolty
NAME OF BLOK	m.r.	EAST	West	튑	Opens	83
Gaudett Spur	82.5	Alger		_		8
Samish Lake Spur	85.2		Samish Lake	0 1	East	90
Owens Spur	85.2		Off Samish Sp'	T (0.)	West	5
Liudley Spur	85.2		Off " Lake	e o. 1	East	Ť
Winner Shingle Co.'s Spur	81.2	Bow		-		6
McCoy Spur	80.3	Bow		I.2	West	3
Alger Mineral Spur	82.5	(Old	Line)			9
Blanchard Spur	84.1	Samish		┧──		3
Fairhaven Dock Spur	94.8		Fairhaven	0.0	West	23
Puget Sound Mill Track	94-9		Fairhaven	0.0	West	9
Fairhaven Log Dump Spur	95.0		Fairbayen	0.0	West	19
Export Mill Spur	95.0		Fairhaven	0.0	West	IO
Cannery Track	95 2		Fairhaven	0.0	Both Ends	17
Pacific Sheet Mill	95.3		Fairhayen	0.4	East	3
Loggie Spur	97		Whatcom	0.0	V'est	21
LaPointe Spur	104.2		Brennan	0.0	East	2
Henry Spur	103.0	Brennan		1.0	East	2
Sand Pit Spur	108.7	Enterprise		0.5	East	17
Shields Spur	108.9	Enterprise		0.3	East	2
Enterprise Spur	109.2		Ferndale	3.1	East	3
Red Cedar Shingle Co.	110.5		Custer	2.5	East	3
McDonald Spur	113.0		Custer	1.2	East	2
Melrose Spur	114.3		Custer	2.5	East	- 5
Blaine Spur	119.0	Blaine		1.9	East	
Shelton Spur (off Blaine spr.)					East	2
City Dock Spur (eff Blaine spur)					East	81
Erie Mill Spur (off City Book Spur)					East	6
Monarch Mill Spur(off City Dock Spr.)					East	14
Hazelmere Spur	122 4		Blaine	3.4	West	3
Gravel Spur	137.0		Port Kells	2.4	East	3
Liverpool Wharf Spur	141.8		Liverpool	0.6	East	21
Dominion Bridge Co.	142,6	Liverpool		0.2	East	rr
Brownville Spur	144.5	Liverpool		2.1	East	9

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DERAIL SWITCHES.

Derail Switches must always be set for derail except when in actual use, whether there are any cars on these tracks or not.

Cascade Tunnel, east passing track lead, 30 feet from main line.

Wellington, west end passing track.

Wellington Safety Switch, 70 feet west of station, on main line.

Alvin, 150 feet east of west passing track switch head block.

Index Passing track 120 feet from west head block.

Roby, west end passing track.

Ellis Quarry Spur.

Sultan Jct., 143 feet from head block.

Power House Spur, 105 feet from head block.

Samish Lake, M. P. 85.2, on Spur, 3635 feet north from head block.

Chuckanut, east end siding.

B. B. & E. Transfer Track east end.

Capacity of Different Classes of Engines in Tons in Addition to Weight of Engine, Tender and Caboese—Cascade Division.

		COIN	ic ea	ST					
					CL	ASS		,	
STATIONS	Ruling Grade	F4 to F9	6.3	61	F1&B5	0 4	D1&2	B 20	B 6
	G.W.	20x32 210 lb	19x32 200 lb	20x26 180 lb	19x26 180 lb	19x24 1801b	19x24 150 lb	18x24 145 lb	17×24 145 lb
Everett to Skykomish	1.0	1200	1000	865	775	715	575	435	385
Skykomish to Cascade Tunnel	2.2	600	480	410	360	340	276	200	183
Cascade Tunnel to Leavenworth	Down	1							
		COINC	WES	T					

		COIN	CWE	ST					
	1				C L	ASS			
STATIONS	Ruling Grade	F4 to F9	63	61	F1&05	D 4	9182	B 20	B 6
	#.g	20x32 210 lb	19x32 200 lb	20x26 180 lb	19x26 180 lb	19x24 180 lb	19 x24 150 lb	18x24 145 lb	17×24 145 lb
Leavenworth to Cascade Tunnel	2.2	600	480	400	360	340	275	200	185
Cascade Tunnel to Lowell	Down								
							l		·

The following will govern when handling empty cars: With 10 or less empty cars in a train no allowance will be made for wheel friction; with 10 to 20 empty cars in a train, add to actual weight 5 tons for each empty car for wheel friction; with more than 20 empty cars in a train add 6 tons per car for wheel friction.

Time Inspectors: Leavenworth, F. S. TAYLOR; Everett, S. O. WALLGREN; Seattle, J. F. HUNTER.

F. S. ELLIOTT,

W. D. SCOTT,

H. A. KENNEDY,

GEO. T. SLADE,

F. E. WARD,

Assistant Superintendent. Superintendent.

Asst. General Superintendent.

General Superintendent.

General Manager.

CONTENTS OF MEDICAL CASE.

Conductors Must Study and Familiarize Themselves with the List of Articles in the Case, and Their Uses.

- No. 1. Rubber Bandage and Tourniquet, for stopping hemorrhage; apply on sound flesh above the wound, draw tightly each time, and encircle the limb until the whole bandage is used. Fasten securely in slot.
- No. 2. Twelve Assorted Muslin Bandages, to hold dressings in place, assist in stopping hemorrhages, and hold splints upon fractured limbs; wind around the injured part from below upward.
- No. 3. Six packages of Borated Gauze, a prepared dressing for open wounds, always used to cover large wounds; apply wet (by dipping in solution, see No. 7) directly to the wound.
- No. 4. Four packages Absorbent Cotton. This is for making compresses, and to assist in covering a large wound; Do not apply directly to the wound.
- No. 5. One ounce Styptic Cotton. This Cotton is permeated with a substance which stops small hemorrhages: apply directly to small wounds and hold in place with muslin bandage.
- No. 6. Two ounces Bicarbonate Soda, for burns and scalds, one tablespoonful to a quart of water; saturate a piece of the gauze and apply over a burn or scald, and fasten with bandage. No. 7. One bottle Corrosive Sub. Tablets. These small tablets are to be dissolved in clean water, preferably warm,
- tion of one tablet to a pint of water; with this solution you disinfect a wound and keep it free from infection. THEY ARE POISONOUS if swallowed or the solution be drunk.
- No. 8. Four Surgical Needles, to be used for closing small cuts or jagged wounds, after thoroughly cleansing with
 - No. 9. One Pair Scissors, used in cutting dressings, bandages, clothing, etc.
 - No. 10. One Pair Forceps, used for removing bits of gravel, and to seize a bleeding artery while it is being tied.
- No. 11. One Dozen Envelopes Catgut (two sizes), to be used in tying an artery when it is seen free and bleeding in a wound, also for closing small wounds. Never Save any Catgut once the envelope is open. Note directions on envelopes.
- No 12. One Roll Adhesive Plaster, for closing small torn or cut wounds, after they are cleansed with the sublimate solution. It needs no heat; apply directly to the skin, which must be perfectly dry.
 - No. 13. One Cake Red Cross Soap, used in cleansing an injured part around a wound.
 - No. 14. One Can Chloroform, for anæsthesia.
 - No. 15. One Ounce Antifebrine, an antiseptic powder for dusting on fresh wounds.
- No. 16. One Hand Brush, for brushing the hands and nails thoroughly with the Red Cross Soap before handling an
 - No. 17. One Enamel Tray, for corrosive sublimate solution (see No. 7).
 - No. 18. One Yard Wire Gauze, for making splints (see directions under fractures, No. 5).
 - No. 19. One Dozen Safety Pins.
 - No. 20. One Pyramid of Pins.

RULES FOR TREATMENT OF THE INJURED IMMEDIATELY AFTER AN ACCIDENT.

- 1. Shock. This condition usually follows every severe injury. The chief point is to restore heat to the body as soon as the injured person is put in a comfortable position. Do this by covering with heavy coats, previously warmed, if practicable. Cut off the shoes or boots and wrap the feet in a warmed coat or blanket. Give only small dose of whiskey in hot
- 2. Hemorrhage (Bleeding). This follows shock, and is rarely severe until reaction takes place. Too much stimulation increases hemorrhage and for this reason it is best to give only a little stimulant, well warmed, and repeat the dose if

Bleeding of two kinds: First, arterial, when the blood comes out bright and red and in spurts. Second, venous, when the blood is dark and flows in an even stream.

- A. To stop hemorrhage when the wound is large and the blood comes out in spurts. Apply the rubber band tightly inst above the wound, previously raising the wounded part, especially if it be a limb. Be careful to put the band on UNINJURED FLESH if the limb be badly crushed and about three inches above the crushed tissues, else it would slip down and increase the hemorrhage. Be very careful to see that the band be firmly fixed before leaving it. Small wounds, even though the hemorrhage be arterial, require only a firm compress of the sublimated gauze placed immediately over the wound and bandaged tightly in place with one of the muslin bandages. It is best after this to bandage firmly from the extremity (hand or foot) upward to beyond the wound with muslin bandages.
- B. Venous bleeding, which occurs when the wound is shallow (does not go deeper than the skin), as a rule requires firm pressure over the wound and especially below it. If the wound be quite small, put a wad of styptic cotton into and over it and bandage tightly in place, and then apply a bandage from below upwards over and beyond the wound. If the wound be extensive, fill it full of sublimated gauze and then put a thick wad of absorbent cotton over it and bandage tightly from below upward.
- C. Bleeding from the head, if only the scalp is involved, may be controlled by bringing the wounded or torn surfaces together and applying along the wound a thick layer of styptic cotton, and over this another layer of absorbent cotton and a tight bandage. It is well to pass the bandage under the chin if the wound be on top of the head, as this holds it firmer
- 3. Remove the clothing from the wounded part by cutting it away. Do not attempt to tear or draw clothing off, as this may further injure the wounded part. Always see the wound and know by your eye just what the nature of it is.
- 4. After Hemorrhage has been stopped. The next point is to prevent the wound from being infected and thus prevent blood poisoning. To accomplish this the wound should be cleaned if badly soiled. If soiled by oil and soot or dirt, bathe it gently with a small quantity of antiseptic soap and warm water. After it is apparently clean, wash it out carefully with a pint of warm water in which one of the corrosive sublimate tablets has been disolved, using a piece of gauze to do this. Then wet several layers of the borated gauze in a fresh solution of the same strength used in washing the wound and lay them over the wound and bandage in place with a muslin bandage. Always cover an open wound with a piece of gauze

wet in the solution of corrosive sublimate (one tablet to a pint of water) before transporting the wounded man. Never allow an open wound to remain unprotected longer than the time employed in stopping hemorrhage. Remember a soiled covering is worse than none at all, however.

- 5. Fractures. If a bone be broken in any of the limbs the member should be firmly fixed before the injured individual be moved. If this be not done, great injury may result by the movements of the sharp fragments of the bone while the individual is being transported. Use flat piece of wire gauze, broken or cut into strips long enough to reach beyond the two nearest joints, will do. A bundle of twigs or stout straws may also serve when nothing else is to be had. Always put one of the improvised splints on either side of the limb, then tie a bandage over the splints at either extremity and in the middle. If there be a wound treat it according to the foregoing rules and then apply the splints, using some clean gauze as padding or some strips torn from clothing. If there be no wound, apply the splints over the trousers or sleeve. If nothing of any kind can be obtained to make a splint, tie the fractured leg or thigh to the sound one, or the fractured arm firmly to the side of of the body, by a muslin bandage.
- 6. Compound fractures are fractures accompanied by a wound of the soft tissues at the point of fracture, so that the bone is exposed to the air. In these cases treat hemorrhage and the wound according to the foregoing rules and then apply splints. If the bones project beyond the skin, remember to bring them back into place by pulling the extremity in the direction of the displacement, never in the direction the bone normally should be, until the ends of the fragments are quite free from any over-riding. Be very careful always to cover these WOUNDS with the wet sublimate CAUZE
- 7. Burns. Carefully remove the clothing by cutting it off, if the part be clothed, and apply immediately three or four thicknesses of the borated gauze wet in warm water, in which one tablespoonful of the bicarbonate of soda to the quart has been dissolved. As a rule never attempt to clean burns immediately after they occur. Cover the wounded part immediately as directed above and leave the cleansing to the surgeon afterward.

Extensive burns are attended by great shock as a rule, and require free stimulation. As burns are very rarely followed by hemorrhage, stimulants may be and should be given in considerable quantities.

- 8. Prostration from Excessive Heat. In these cases (not sunstroke) the face is pale, lips colorless or blue, breathing slow and quiet, pulse slow and very weak. Place the patient on his back, with his head level with his body, and loosen clothing. Apply heat to the surface of the body and extremities. Bathe the face with warm water into which a little alcohol or whiskey has been poured, and if he can swallow, give the patient an ounce of whiskey in as much warm water.
- B. Prostration from Drinking too much Ice Water when Overheated. The face is red or even purple, the breathing heavy and irregular, pulse irregular. Loosen clothing, place on back with head slightly elevated. Give hot drinks, apply heat to the spine and the extremities.
- 9. Position in which a Patient should be Placed after Injury. Injuries to the head require that the head be raised higher than the level of the body. In all cases, if practical, lay the patient on his back with the limbs stretched out in their natural positions; loosen the collar and waistbands, and unless the head be injured, remember to have the head on the seme level as the body. Do not bolster it up with anything.

INSTRUCTION FOR STRETCHERS.

The equipment includes-

- T Stretcher.
- I Pair of Blankets.
- r Pillow,
- I Pillow Case,
 I Rubber Pillow Case,
- T Water-proof Cover.
- I Pair Wall Brackets.

The bedding and side pieces are to be kept strapped on the stretcher, and the latter placed on the wall bracket.

When about to use the stretcher, unbuckle the straps from the side pieces which hold down the bedding, and buckle them tightly underneath, to guard against the breaking of a spring; place the side pieces properly on the sides, place the rubber cover over the stretcher for protection against blood and discharges. The blanket is to be used double, as a cover

Whenever necessary to do so, the patient may be lifted on the inner portion of the stretcher, resting on the springs, without lifting the whole stretcher. In cramped positions, and for purposes of examination, this will be found convenient

When storing the stretcher away, fold the blanket and pillow neatly into a narrow, even and compact parcel, and envelop this in the rubber cover, folding in the ends first. Place this on the stretcher with the side pieces on top, to assist in holding it in position, then pass the straps through the keepers on the side pieces, and fasten all snugly in place. This will protect the bedding, if properly done, from moths and wet. The whole stretcher should then be placed on the brackets.

The blanket should be taken out occasionally and shaken, to prevent damage from moths, as well as to keep it cleanly at all times. Replace at once, so that the stretcher is ready for immediate use whenever required.

The stretcher and bedding must not be used for any other purpose than in transporting injured persons.

Agents will be personally responsible for the care of property, and will be particular to take proper receipts whenever it is allowed to go out of his possession, and will notify his Division Superintendent when sent out and by whom. Stations where stretchers are kent are as follows:

St. Paul Frt. Office,	Sioux Falls,	Glasgow,	Leavenworth
St. Paul Shops,	Sioux City,	Havre,	Everett,
Minneapolis Jct.,	Breckenridge,	Great Falls Shops,	Carman,
Hamline Transfer,	Grand Forks,	Cut Bank,	Cass Lake,
St. Cloud Shops,	Larimore,	Kalispell,	West Superio
Melrose,	Devils Lake,	Libby,	Sandstone,
Barnesville,	Minot,	Spokane Shops,	Swan River.

COMPANY SURCEONS.

. St	. PaulJ. A. QUINN, Chief Surg	geon.
EverettW. C. COX LeavenworthG. W. HOXSIE	Seattle J. B. EAGLESON SeattleA. B. KIBBEE, Oculist	Fairhaven